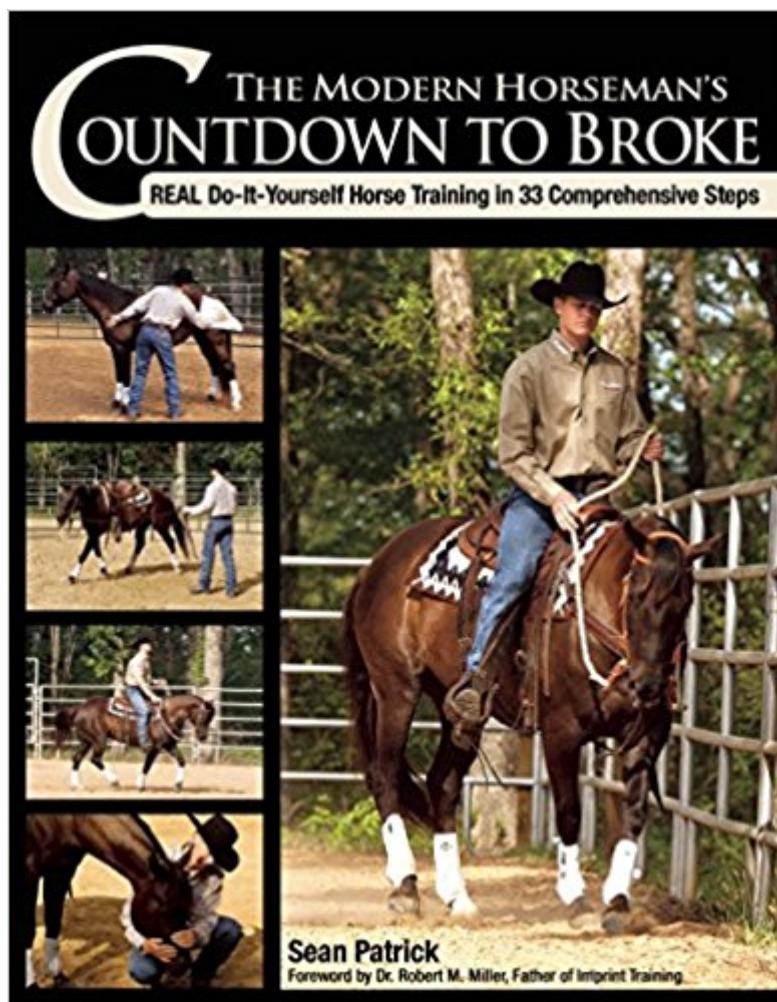


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# The Modern Horseman's Countdown To Broke: Real Do-It-Yourself Horse Training In 33 Comprehensive Steps



## Synopsis

It's time to get realâ "that is, real, do-it-yourself horse training. Professional trainer Sean Patrick has created the ultimate guide to the "complete" riding horseâ "whether a performance, working, or "just for fun" prospect. Quite simply, you begin at Lesson Number 33 and count your way down through the basic exercisesâ "the "primary education"â "every horse needs. And when you get to Lesson 1, you've done it; you've prepared your horse for advanced work in any number of equestrian disciplines. You can't get lost along the way. There's no room for confusion. Sean clarifies the point and explains the gist of every step. The happy result? He trains you to be a trainer. Whether your horse is a foal or five, guilelessly green or imperfectly veteran, he will benefit from the Countdownâ "a true "foundation" program, serving to prepare him for the endless variety of activities and "jobs" horses perform today. From indispensable handling, "sacking-out," and tying exercises, to how you, the rider, can control the different parts of the horseâ 's body from the ground and the saddle; from mounting on both the left and the right to performing flawless flying lead changes, youâ 'll be amazed at how effective and efficient this program is.

## Book Information

Paperback: 258 pages

Publisher: Trafalgar Square Books; 1 edition (August 1, 2009)

Language: English

ISBN-10: 1570764190

ISBN-13: 978-1570764196

Product Dimensions: 8.4 x 0.8 x 10.9 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ See all reviewsÂ (76 customer reviews)

Best Sellers Rank: #103,068 in Books (See Top 100 in Books) #3 inÂ Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Showing & Training #91 inÂ Books > Sports & Outdoors > Individual Sports > Horses > Equestrian #91 inÂ Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Riding

## Customer Reviews

I am a dedicated student of the horse and avid reader of all things natural horsemanship related. I have read John Lyons, Clinton Anderson, Bill Dorrance, Buck Brannaman, Linda Tellington Johnston and a few others, so all in all I think I have a pretty good overview of the available methods on the market. Though I am a huge Buck Brannaman fan, I live abroad and might never

have the privilege to ride at one of his clinics, and I'm pretty much on my own trying to train my recently acquired 3.5 yr old filly. I'm a decent yet average rider, and since I bought her just broke to ride, with many holes in her foundation, I often feel well over my head with her...Enters Sean Patrick and his Countdown to Broke. I ordered this book thanks to the many rave reviews on this site, and checking Sean's Facebook page. Well, it sure was an excellent buy ! Sean's book is a do-it-yourself, step by step, foolproof method to break and train your horse to a very good level, opening on any discipline you'll want to specialize in. I don't know where to start about all the positive points of this book. I guess the best thing would be the very smart, safety oriented and efficient progression of the exercises. Though my young mare was already broke, it was a pleasure to walk her through all the beginning process, filling all the holes in her foundation along the way. Sean has worked out a wonderfully smart plan to gain your horse's respect AND boost his confidence and make him bond with you at the same time. This is no little feat. The next thing I like is how well explained everything is, with clearly detailed instructions and good color pictures. Sean has made his lessons simple and foolproof.

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